White. 1635.

A New Almanacke and Prognostication for the yeere of our Lord God 1635.

Being the third after the Leape-yeere.

Calculated for the Meridian of the most Honorable Citie of LONDON and will serue generally for the Monarchie of Great BRITAINE.

By John White, *Wellwiller to the Mathematickes.*

LONDON,

Printed by *William Stansby* for the Company of *Stationers*

The Common Notes and moueable Feasts for this present yeare of Grace 1635.

According to the olde Accompt vsed in England.		The new Gregorian Accompt, vsed beyond Sea.
2.	Golden number	2
10.	The cyrcle of the Sunne.	20.
22.	The Epact.	12.
D	The Dominicall Letter	G.
3.	The Roman Indiction.	3.
15. Februar.	Shroue Sunday.	February 25.
29. March	Easter day.	Aprill 8.
3. May	Rogation Sunday.	May 13.
7. May	Ascentiond day.	May 17.
17. May	Whit. Sunday.	May 27.
29. Nouemb.	Aduent Sunday.	December. 2.

Physicall Elections.

Take		The Moone or Signe in	
	Vomits.		♉ ♏ ♑
	Glisters.		♈ ♒ ♎
	Gargarismes.		♋ ♈
	Preparatiues.		♊ ♎ ♒
	Stop Rhumes and Fluxes		♉ ♏ ♑
	Purge by Neesing.		♋ ♌ ♏

Fit times for Blood-letting.

The Sanguine, from the new Moone to the first Quarter.
The Cholerick, from the first Quarter to the Full.
The Flegmatick, from the full to the last Quarter.
The Melancholy, from the last Quarter to the Change.

Dangerous times for Blood-letting.

In the heat of Summer, or cold of Winter, or when the Moone is in the Signe which gouerneth that part of the Body you would let blood. Also within two dayes of the Change, or Full of the Moone.

The beginning and ending of the Terms, with Returns and Essoyne dayes, dayes of Exception, Returna Breuium, and dayes of Appearance, for this yeare. 1635.

Returne dayes, or dayes of Essoyne.	Dayes of Exception	Returna Breuium	Dayes of appearance
Hillarie Terme begins January the 23. and ends Februarie the 12. and hath 4. Returnes.			
Octabis Hillar. January 20	Janua. 21	Janua. 22	Janua. 23
Quind. Hillary January 27	Janua. 28	Janua. 29	Janua. 30
Craſt. Purific. Februarie 3	Febru. 3	Febru. 4	Febru. 5
Octab. Purific. Februarie 9	Febru. 10	Febru. 11	Febru. 12
Easter Terme begins Aprill the. 15 and ends May the 11. and hath 5. Returnes.			
Quind. Paſch. Aprill. 13	April. 13	April 14	April 15
Tres Paſch. Aprill. 20	April. 20	April 21	April 22
Menſe Paſch. April. 27	April. 27	April. 28	April 29
Quind. Paſch. May. 4	May. 5	May. 6	May. 6
Craſt. Aſcen. May. 8	May. 9	May. 11	May. 11
Trinitie Terme begins May. the 29. and ends Junethe 17. and hath 4. Returnes.			
Craſt. Trinit. May. 25	May. 26	May. 27	May. 28
Octab. Trinit. June. 1	June. 2	June. 3	June. 4
Quind. Trinit. June. 8	June. 9	June. 10	June. 11
Tres Trinit. June. 15	June. 16	June. 17	June. 18
Michaelmas Terme begins October the 9. and ends Nouember 28. and hath 8. Returnes.			
Octa. Mich. October. 7	Octob. 8	Octob. 9	Octob. 10
Quind. Mich. October. 13	Octob. 14	Octob. 15	Octob. 16
Tres Mich. October. 19	Octob. 20	Octob. 21	Octob. 22
Menſ. Mich. October. 26	Octob. 27	Octob. 28	Octob. 29
Craſt. Anima. Nouem. 2	Nouem. 3	Noue. 4	Noue. 5
Craſt. Mart. Nouemb. 11	Noue. 12	Noue. 13	Noue. 14
Octa. Mart. Nouemb. 17	Noue. 18	Noue. 19	Noue. 20
Quind. Mart. Nouemb. 23	Noue. 24	Noue. 25	Noue. 26

Anatomy of Mans Body, as the parts *thereof are gouerned by the twelue Celestiall Signes.*

Aries, Head and Face.

Taurus, Neck and Throate.

Cancer, Brest and Stomacke.

Virgo, Bowels and Belly.

Scorpio, Secrets & Members.

Capricorne, The Knees.

Gemini, Armes and Shoulders.

Leo, Heart and Backe.

Libra, Reynes and Loynes.

Sagittarius, The Thighes.

Aquarius, The Legges.

Pisces, the Feete.

Bold fierie *Aries* ruleth Head and Face;
In Necke and Throate doth *Taurus* challenge place,
The twining *Gemini* gouerns Armes and Hands,
The Brest and Stomack *Cancer* thee commands;
Then Lustie *Leo* hath the Backe and Heart,
Bowels and Belly is the *Virgo's* part;
In Loynes and Reynes is *Libra's* liberties,
And *Scorpio* rules the Stones and Priuities;
The Thighes and Hanch is *Sagitarius* song,
And both the Knees to *Capricorne* belong;
Aquarius makes the Legges much Aches feele,
And *Pisces* rules the Feete from Toe to Heele.

Ianuarie hath xxxj. dayes.

Warme meates and Clothes this Moneth are good; Take heede of Bathes and letting blood.

1 Day, Sun riseth at 8. & 1. min. sets at 3. & 59. min.
5. Day, Sun riseth at 7. & 43. min. sets at 4. & 17. min.

1	a	New yeare d.	Loynes	☾ Last quar-	11	d
2	b	Oct. Steph.	Secretes	ter the 1 day	12	e
3	c	Oct. Iohn.	and	3. quarters &	13	f
4	D	Oct. Innocc.	Bladder	an houre after	14	G
5	e	Edward dep	Thighes &	12 of the clock	15	a
6	f	Twelfeday.	Hanches	at noone.	16	b
7	g	Felix & Ian.	Knees.		17	c
8	a	Lucian. pri.	Knees.	● New	18	d
9	b	Ioyce. vir.	Leggs	Moone the 8.	19	e
10	c	Paul. 1. her.	Leggs	day, halfe an	20	f
11	D	Sol in Aquar.	Feete	houre past 10	21	G
12	e	Archad mart.	Feete.	of the cloche at	22	a
13	f	Wiet. coms in	Head and	night.	23	b
14	g	Felix pri.	Face	☽ First quar-	24	c
15	a	Maurice.	Neck and	ter the 15. day	25	d
16	b	Marcell bi.	Throate	halfe an houre	26	e
17	c	Anthonie	Armes	past 3 of the	27	f
18	D	Prisca vir.	and	clocke at after	28	G
19	e	Wulstan.	Hands	noone.	29	a
20	f	Fab. & Seb.	Brest and	○ Full moone	30	b
21	g	Agnes	Stomach	the 22. day a	31	c
22	a	Vincent.	Heart	quarter of an	1	d
23	b	Terme begin	and	houre past 1 of	2	e
24	c	Timothie.	Backe	the clock after	3	f
25	D	Septuagesi.	Bowells	noone.	4	G
26	e	Policarpe.	and	☾ Last quar-	5	a
27	f	Agnes the 2.	Belly	ter the 31. day	6	b
28	g	Valerius	Loynes	halfe an houre	7	c
29	a	Theodo pri	Reynes	past 8 of the	8	d
30	b	Batild Que.	Secretes	clocke in the	9	e
31	c	Saturnine.	Bladder	noone.	10	f

February hath xxviij. dayes.

Milke, Hearbes and fennish Fowle denie;
Purge not, nor vse Phlebotomie.

1 Day, Sun riseth at 7 & 13. min. sets at 4 & 47. min.
15. Day, Sun riseth at 6. & 46. min. sets at 5. & 14. min.

1	D	Briget Fast.	Thighes		11	G
2	e	Purit. Mary	& hanch		12	a
3	f	Blase Bish	Knees		13	b
4	g	Gilbert Bish	Knees		14	c
5	a	Agathe Vir.	Legges		15	d
6	b	Vedasti. & Ar	Legges		16	e
7	c	Augule.	Feete	● New	17	f
8	D	Shroue Sun	Feete	Moone ye 7.	18	G
9	e	Apolina	Head	at 9. of the	19	a
10	f	Sol in Pisces.	and	clock in the	20	b
11	g	Sotheris.	Face	morning.	21	c
12	a	Terme ends	Necke &		22	d
13	b	Wolstan bish.	Threate		23	e
14	c	Valentine.	Armes	☽ First quar=	24	f
15	D	Septuag. Sun.	& Hands	ter the 14. da	25	G
16	e	wedd goe out	Brest &	3. quarters of	26	a
17	f	Samuell	Stomach	an houre. past	27	b
18	g	Hugh bish.	Heart	one of ye clock	28	c
19	a	Sabine	and	in the mornin.	1	d
20	b	Mildred Vir.	Backe		2	e
21	c	79. Martiers	Belly &	● Ful moone	3	f
22	D	Peters Chai	Bowels	(Eclipsee) the	4	G
23	e	Polica. Fast	Loynes	21. day halfe	5	a
24	f	Mathias Ap	& Reynes	an houre past	6	b
25	g	Juen Paul	Reynes	9. the clock at	7	c
26	a	Nestor mart.	Secrets	nigh.	8	d
27	b	Augustine	& bladder		9	e
28	c	Oswald.	Thighes		10	f

Grosse Meates doe hurt, vse foode that's fine;
Let Blood, and take some Medicine.

1. Day, Sun riseth at 6. and 18 min. sets at 5. & 42. min.
15. Day, Sun riseth at 5. and 50. min. sets at 6. & 10 min

1	D	David Bish	Thigh. &	☾ Last quar-	11	G
2	e	Chadde	Hanches	ter ye first day,	12	a
3	f	Maurice	Knees	a quarter of an	13	b
4	g	Dozian	Knees	houre past	14	c
5	a	Focas & Eu.	Legges	midnight.	15	d
6	b	Victor & Vict	Legges		16	e
7	c	Perpetue	Feete	● New moo-	17	f
8	D	Felix	Feete	ne ye 8. day,	18	G
9	e	40. Martyrs	Heade	halfe an houre	19	a
10	f	Agapite	Face	past 7 of the	20	b
11	g	Sol in Aries	Necke &	clock in ye euen	21	c
12	a	Gregorie	Throate		22	d
13	b	Theodore	Armes &		23	e
14	c	Candide	Hands		24	f
15	D	Longine	Brest	☽ First quar-	25	G
16	e	Eon face	and	the 15 day, a	26	a
17	f	Patricius	Stomach	quarter of an	27	b
18	g	K. Edward	Heart &	houre past one	28	c
19	a	Iosimar hu.	Backe	after noone.	29	d
20	b	Cuthbert	Bowells		30	e
21	c	Benedict	and		31	f
22	D	Afrodose	Belly	● Ful moone	1	G
23	e	Theodore	Loynes	ye 23. day, half	2	a
24	f	Agapit Fast	& Reynes	an houere past	3	b
25	g	Annu. of Ma	Secrets	3. of the clock	4	c
26	a	Castor	and	after noone.	5	d
27	b	Init. Reg Car	Bladder	☾ Last quar-	6	e
28	c	Dorothie	Thigh. &	ter the 31. day	7	f
29	D	Easter day.	Hanches	a quarter of an	8	G
30	e	Quirine	Knees	houre past 3.	9	a
31	f	Idem	Knees	of the clock at	10	b
				noone.		

The Blood being hot coole Hearbes now vse,
And March his precepts not refuse.

1. Day, Sun riseth at 5. & 16. min. sets at 6. & 44 min.
15. Day, Sun riseth at 4. & 51. min sets at 7. & 9. min.

1	g	Gildard	Leggs		11	c	
2	a	Mary Egipt	Leggs		12	d	
3	b	Richard.	Feete		13	e	
4	c	Ambrose	Feete		14	f	
5	D	Vincent.	Head and		15	G	
6	e	Wed. coms in	Face	● New Moone ☽ 6. day, at 4. of ☽ clock in the morning.	16	a	
7	f	Euphamia	Neck and		17	b	
8	g	Egesippus.	Throate		18	c	
9	a	Perpetuus	Armes		19	d	
10	b	Solin Taur,	and		20	e	
11	c	Guthlake	Hands		21	f	
12	D	Julius.	Brest and		22	G	
13	e	Leuon.	Stomach		23	a	
14	f	Diyste,	Heart and	☽ First quarter ☽ 14. day, a quarter of an houre past. 3. of the clock in the morning.	24	b	
15	g	Terme begin	Backe		25	c	
16	a	Ildone.	Bowells		26	d	
17	b	Anicete.	and		27	e	
18	c	Eleutiee.	Belly		28	f	
19	D	Alphege.	Loynes		29	G	
20	e	Victor.	& Reynes		30	a	
21	f	Symeon.	Secrets	● Ful moone the 22. day, halfe an houre past 7 of the clock in the morning.	1	b	
22	g	Sother.	and		2	c	
23	a	S. George	Bladder		3	d	
24	b	Wilfride.	Thighs &		4	e	
25	c	Mark Euan	Hanches		5	f	
26	D	Clere.	Knees	☽ Last quarter ☽ 29. day, 3. quarters of an houre past 5. after noone	6	G	
27	e	Anastatius.	Knees		7	a	
28	f	Vitalis.	Legges		8	b	
29	g	Peter mil.	Legges		9	c	
30	a	Erken wald.	Legges		10	d	

Put Sage in Drinke; Drinke Worme-wood Wine;
Use Phisicks helpe; walke Morning-fine.

1. Day, Sun riseth at 4. & 23. min. sets at 7. & 27. min.
15. Day, Sun riseth at 4. & 4. min. sets at 7. & 56. min.

1	b	Phil. & Jaco.	Feete.		11	e
2	c	Athanasius	Feete.		12	f
3	D	Rogati. Sun	Head and		13	G
4	e	Wedd. go out	Face		14	a
5	f	Goddard	Neck and		15	b
6	g	John port lat	Throate.		16	c
7	a	Ascens. day.	Armes &	☽ New Moone ☿ 6.	17	d
8	b	Ippa. Mich	Hands	day, a quarter	18	e
9	c	Nicholas	Breast &	of an houre	19	f
10	D	Godian.	Stomach	past 12. of the	20	G
11	e	Terme. ends.	Heart	clock at noon.	21	a
12	f	Anthony	and		22	b
13	g	Gervatius	Backe		23	c
14	a	Boniface	Bowell	☽ First quar=	24	d
15	b	Isidore	and Belly	ter ☿ 13. day,	25	e
16	c	Brandon bi.	Loynes	at 7. of ☿ clock	26	f
17	D	Whit. Sund	and	in the evening	27	G
18	e	Dioscor mar.	Reynes		28	a
19	f	Dunstan	Secrets		29	b
20	g	Bernardine	& bladder		30	c
21	a	Heilen. Mur.	Thighs &	● Ful moone	31	d
22	b	Ember weeb,	Hanches	the 21. day, at	1	e
23	c	Wed. come in	Knees	a quarter of an	2	f
24	D	Trinity Sund.	Knees	houre past 9.	3	G
25	e	Adelme	Knees	of the clock at	4	a
26	f	Augustine	Legges	night.	5	b
27	g	German	Legges		6	c
28	a	Corpus Christ	Feete	☾ Last quar=	7	d
29	b	Terme begin	Mat. of	ter the 29. day	8	e
30	c	Petronille	Prince	at 3. of ☿ clock	9	f
31	D	Merius.	Charles	in the morning	10	G

Let Phyllicke goe, coole Heards now take;
Sweet Drinks and Venus now forsake.

1 Day, Sun riseth at 3. & 50. min. sets at 8. & 10. min.
15. Day, Sun riseth at 3 and 47. min. sets at 8. & 13. min.

1	e	Nichomede	Necke		11	a
2	f	Marcellus	Throate		12	b
3	g	Erasmus	Armes &		13	c
4	a	Petrollus	Hands	● New Moone ☽ 4. day, at 9. of ☽ clocke at nig.	14	d
5	b	Boniface	Brest		15	e
6	c	Myrtus	and		16	f
7	D	Wolstan	Stomach		17	G
8	e	William	Heart &		18	a
9	f	Edmund	Backe		19	b
10	g	Iuan	Bowel. &		20	c
11	a	Barnabe	Belly	☽ First quarter ☽ 12. day, at 12. of the clocke at noon	21	d
12	b	Sol in Cancer.	Loynes		22	e
13	c	Anthonie	Reynes		23	f
14	D	Basill	Reynes		24	G
15	e	Modestus	Secret. &		25	a
16	f	Tran. Rich	Bladder		26	b
17	g	Termes ends	Thighes		27	c
18	a	Ereuperius	and		28	d
19	b	Garuatius	Hanches		29	e
20	c	Ed. Tran.	Knees		30	f
21	D	Walburge.	Knees	○ Ful moone the 20 day, at 9. of the clocke in the morn.	1	G
22	e	Elbaine	Legges		2	a
23	f	Etheld. Fast	Legges		3	b
24	g	Iohn Bapti.	Feete		4	c
25	a	Tran. El.	Feete		5	d
26	b	Iohn & Paul.	Head	☾ Last quarter ☽ 27. day, at 8. of ☽ clock in ☽ morning.	6	e
27	c	Crescens	and		7	f
28	D	Leonis Fast.	Face		8	G
29	e	Peter Apost.	Necke &		9	a
30	f	Con. of Paul	Throate		10	b

Use Sallets fresh to coole the heate,
And bath in Syrings to cleanse the sweate.

1 Day, Sun riseth at 3. and 50. min. sets at 8. & 4. min.
15. Day, Sun riseth at 4. and 12. min. sets at 7. & 48. min.

1	g	Oct. Jo. Ba.	Armes &		11	c
2	a	Visit. of Ma.	Hands		12	d
3	b	Gregorie	Brest and		13	e
4	c	Martin	Stomach	● New	14	f
5	d	Zoe bir.	Heart &	moone the 4.	15	g
6	e	Oct. Pet	Backe	day, at 7. of	16	a
7	f	Becket.	Belly	the clock in	17	b
8	g	Grimbald	and	the morning.	18	c
9	a	Cirill	Bowells		19	d
10	b	7. Brethren	Loynes &		20	e
11	c	Bened'ct	Reines		22	f
12	d	Hab. & Fe.	Secrets	) First quar-	22	g
13	e	Sol in Leo.	and	ter the 12. day	23	a
14	f	Bonauent	Bladder	halfe an hour.	24	b
15	g	Swithin	Thighs	after 5. of the	25	c
16	a	Osmond	Hanch	clock in ye mor.	26	d
17	b	Kenelme	Knees		27	e
18	c	Arnulph	Knees		28	f
19	d	Dog day beg.	Legges	● Ful moone	29	g
20	e	Margeret.	Legges	the 19. day, at	30	a
21	f	Praxed	Feete	7. in the clocke	31	b
22	g	Mary Mag.	Feete	in the euening	1	c
23	a	Apolline	Feete		2	d
24	b	Christo Fast.	Head &		3	e
25	c	James Apost	Face		4	f
26	d	An. Ma. mo.	Necke &	(Last quar-	5	g
27	e	7. Sleepers	Throate	ter ye 26. day,	6	a
28	f	Nazarius	Armes &	at one of the	7	b
29	g	Felix	Hands	clocke after-	8	c
30	a	Abdon	Brest	noone,	9	d
31	b	Germane	Stomach		10	e

Flie Physicke and Phlebotomie;
Eschew cold Bathes and Venerie.

1. Day, Sun riseth at 4. & 38. min. sets at 7. & 22. min.
15. Day, Sun riseth at 5. & 4. min. sets at 6. & 56. min.

1	c	Lammas day	Heart			11	f
2	D	Stephen.	and	● New		12	G
3	e	Inuē Steph.	Backe	Moone ½ 2.		13	a
4	f	Iustine	Bowel. &	day a quarter		14	b
5	g	Oswald.	Belly.	of an houre		15	c
6	a	Tra. Christ.	Loynes	past 7. of the		16	d
7	b	Feast Jesu	and	clock in the		17	e
8	c	Cirack	Reynes	euening.		18	f
9	D	Roman.	Secret. &			19	G
10	e	Lawrence.	Bladder	) First quar-		20	a
11	f	Tiburt	Thighes.	ter ½ 10. day,		21	b
12	g	Clare.	and	halfe an hour.		22	c
13	a	Solin Virgo.	Hanches	past 10. of the		23	d
14	b	Eusebius	Knees	clock at nigt		24	e
15	c	Assum. Ma.	Knees			25	f
16	D	Rochus.	Legges			26	G
17	e	Oct. Law.	Feete			27	a
18	f	Agapite	Feete	● Fulmoone		28	b
19	g	Magnus	Head and	(Eclipsed) the		29	c
20	a	Lewis	Face	18. day, at 4		30	d
21	b	Barnard	Neck and	of the clock in		31	e
22	c	Priuatus	Throate	the morning.		1	f
23	D	Timoth. Fast	Armes &			2	G
24	e	Barthe. Ap.	Hands	(Last quar-		3	a
25	f	Lodouicus	Breast	ter the 24. day		4	b
26	g	Seuerine	and	a quarter of		5	c
27	a	Ruffine	Stomach	an houre past		6	d
28	b	Augustine	Heart &	7. of the clock		7	e
29	c	Dog day. end.	Backe	in the cuning		8	f
30	D	Felix.	Bowel. &			9	G
31	e	Cuthburge.	Belly			10	a

September hath xxx. dayes.

Mow drinke Goates Milke, on ripe Fruites feede; (If need require) Purge, Bathe and Bleed.

1. Day, Sun riseth at 5. & 37. min. sets at 6. & 23. min.
15. Day, Sun riseth at 6. & 4. min. sets at 5. and 56. min.

1	f	Giles.	Belly.	● New	11	b
2	g	Anthonie	Loynes. &	Moone ♍ 1.	12	c
3	a	Gregorie	Reynes.	day, a quarter	13	d
4	b	Cuthburt	Reynes.	es an hour past	14	e
5	c	Bertine	Secret. &	10 of the clock	15	f
6	d	Eugenius	Bladder.	before noone.	16	g
7	e	Emmicius	Thighes.		17	a
8	f	Nat. Mary	and		18	b
9	g	Gorgonius	Hanches	☽ First quar-	19	c
10	a	Diluus	Knees.	ter the 9. day,	20	d
11	b	Prothus	Knees.	at 2. of the	21	e
12	c	Marcinian	Leggs.	clok afternoo.	22	f
13	d	Sol in Libra.	Legges.		23	g
14	e	Holy Crosse	Feete.		24	a
15	f	Oct. Mary	Feete.		25	b
16	g	Ember week	head &	● Full moone	26	c
17	a	Hugh	Face.	the 16. day, at	27	d
18	b	Victor	Neck. &	1. of the clock	28	e
19	c	January	Throate	afternoone.	29	f
20	d	Eusta. Fast.	Armes &		30	g
21	e	Matth. Ap.	Hands		1	a
22	f	Mauritius	Brest. &		2	b
23	g	Tecla	Stomach	☾ Last quar-	3	c
24	a	Indoche	Stomach.	ter ♍ 23. day,	4	d
25	b	Fermin	Heart &	halfe an houre	5	e
26	c	Cyprian	Backe	past 4. of the	6	f
27	d	Cosm. & Da.	Backe	clock in the	7	g
28	e	Exuperius	and	morning.	8	a
29	f	Mich. Arch.	Heart		9	b
30	g	Hieronie	Loynes		10	c

Strong Wines, hot Bathes, and Spice that's good. Preserues our healthes; Purge and let Blood.

1. Day, Sun riseth at 6. & 36. min. sets at 5. & 24. min.
15. Day, Sun riseth at 7. & 3. min. sets at 4. and 57. min.

1	a	Remigius.	Reynes	● New moon	11	d
2	b	Leodegarius	Secrets	the 1. day, a	12	e
3	c	Candioc	and	quarter & an	13	f
4	D	Francis.	Bladder	houre past 3.	14	G
5	e	Apol. mart	Thiges	the clocke in ye	15	a
6	f	Faith	Hanches	morning.	16	b
7	g	Marc. & Ma.	Knees	☽ First quar-	17	c
8	a	Pelagius	Knees	ter the 9 day,	18	d
9	b	Terme begin.	Knees	at 4. one of the	19	e
10	c	Geron	Leggs	clock in ye mo:	20	f
11	D	Nicasius.	Leggs		21	G
12	e	Wilfride	Feete	○ Full moone	22	b
13	f	Sol in Scorp.	Feete	the 15. day, at	23	b
14	g	Calixtus.	Head and	10. of the clock	24	c
15	a	Walfran	Face	at night.	25	d
16	b	Michaell	Neck and		26	e
17	c	Eth. Ibzed	Thzoate		27	f
18	D	Luke Euan.	Armes		28	G
19	e	Frideswide	Hands	☾ Last quar-	29	a
20	f	Ausfred rt	Brest and	ter the 22. day	30	b
21	g	11000. Virg	Stomach	3. quarter of	31	c
22	a	Mary Sol.	Hearte	an houre past,	1	d
23	b	Romanus	Backe	5. of ye clocke in	2	e
24	c	Magloire	Bowells	the euening.	3	f
25	D	Crisp. & Crisp.	and	● New moon	4	G
26	e	Vrsula	Belly	the 30. day,	5	a
27	f	Flozen Fast.	Loynes &	halfe an houre	6	b
28	g	Sim. & Jud.	Reynes	past 9. of ye	7	c
29	a	Narcissus	Secrets	clock at night.	8	d
30	b	Germane	and		9	e
31	c	Quinti Fast	Bladder		10	f

From cold preserue thy head and Feete.
Abstaine from Wine that's new and sweet.

1. Day Sun riseth at 7. and 34. mm. sets at 4. & 26. min.
15. Day Sun riseah at 7. & 55. min. sets at 4 and 5 min.

1	D	All Saints	Thigh.	☽ First quarter ☍ 7. day, a quarter of an houre past 4 of the clock in the euening.	11	E
2	e	All Soules	Hanch		12	a
3	f	Winefride	Knees		13	b
4	g	Amantius	Knees		14	c
5	a	Boudertra.	Knees		15	d
6	b	Leonard	Legs		16	e
7	c	Wilbrade	Legs		17	f
8	D	4. Crowned	Feete		18	G
9	e	Theodore	Feete		19	a
10	f	Martine	Head &		20	b
11	g	Martine, bish	Face		21	c
12	a	Solin Sagit.	Neck. &		22	d
13	b	Brice	Thoate		23	e
14	c	Erkenwald	Arm. &		24	f
15	D	Wacute	Hands	● Fulmoone the 14. day 3. quarters of an houre past 7. of the clock in the morning.	25	G
16	e	Edmond	Breste		26	a
17	f	S. Hugh	Stomach		27	b
18	g	Oct. Martin	Heart and Backe		28	c
19	a	Na of K. Cha			29	d
20	b	Edmund	Bowel. &		30	e
21	c	Pref. Ma	Belly		1	f
22	D	Ciceli	Loynes and Reynes	☾ Last quarter the 21. day at 11. of the clock before high noone.	2	G
23	e	Clement	Secret. &		3	a
24	f	Grigoson	Bladder		4	b
25	g	Katherine	Thigh. and Hanches		5	c
26	a	Linus			6	d
27	b	Agricola		● New Moone ☍ 29. day, an houre past 3. of the clock after no.	7	e
28	c	Termenda.			8	f
29	D	Idem Sun.			9	G
30	e	Andrew Ap.			10	a

Vse Meare that's warme, hot Spice and Wine;
Inuite the Poore to Sup and Dine

1. Day, Sun riseth at 8. & 10. min. sets at 3. & 50. min.
15. Day Sun riseth at 8. & 13. min. sets at 3 & 47. min.

1	f	Wed. goes out	Knees		11	b
2	g	Libanius	Knees		12	c
3	a	Dsmo. Dep	Legges		13	d
4	b	Barbara	Legges		14	e
5	c	Sabba	Feete		15	f
6	D	Nicholas.	Feete		16	G
7	e	Ambrose	Head	☽ First quar=	17	a
8	f	Conc. Ma.	and	ter the 7 day	18	b
9	g	Cyprian	Face	halfe an houre	19	c
10	a	Eulalie	Necke &	past 2 of the	20	d
11	b	Damasus	Throate	clock in the	21	e
12	c	Sol in Capric.	Armes &	morning.	22	f
13	D	Lucie.	Hands	○ Full mone	23	G
14	e	Othelie	Brest and	the 13. day a	24	a
15	f	Valerius.	Stomach	quarter of an	25	b
16	g	Ember week	Heart and	houre past 7.	26	c
17	a	Lazarus	Backe	of the clock at	27	d
18	b	Gratian.	Bowells	night.	28	e
19	c	Nemesia	and	☾ Last quar=	29	f
20	D	Iulian Fast.	Belly	rer the 21. day	30	G
21	e	Thom Apo.	Loynes &	halfe an houre	31	a
22	f	30. Mr eirs	Reynes	past 7. of the	1	b
23	g	Victor	Secrets	clock in the	2	c
24	a	Candid Fast.	and	morning.	3	d
25	b	Christs day.	Bladder		4	e
26	c	S. Stephen	Thighs &	● New moo	5	f
27	D	S. John Euā	Hanches	the 29. day,	6	G
28	e	Innocents	Knees	halfe an houre	7	a
29	f	Thom. Bec.	Knees	after 8. of the	8	b
30	g	James Tran	Legges	clocke in the	9	c
31	a	Silueſter	Legges	morning.	10	d

White. 1635.

A Prognostication for this yeare of our Lord God. 1635.

Being the third after the *Bissextile*, or Leape-yeare.

VVherein is conteyned the state *of the whole Yeare; the disposition of* each Quarter; and the Inclination of the Weather for euery Quarter of the Moone throughout the whole Yeare.

With the meeting of the Planets and the Moone; also Husbandry Aduertisments, *with other things fit to be known, both pleasant and profitable.*

And at the end of the Booke, is the whole *Almanacke, conteyned in one Leafe, for this* Yeare 1635. which being cut out, is fit to be placed into a Table Booke, Booke of Accompt, or other.

By *Iohn White*, Well-willer to the *Mathematicks*.

LONDON,
Printed for the Company of Stationers. 1635.

A Chronologie or Computation of yeeres to this present yeere. 1635.

Since the Creation of the World to this yeare	5584
Since the Flood	3928
Since London was built	2743
Since Yorke was built	2601
Since Rome was built	2386
Since the destruction of Ierusalem	1564
Since England first receiued the Christian Fayth	1455
Since the Conquest of England by Duke William	569
Since S. Paules Church in London was built	549
Since London-bridge was built with stone	459
Since the first Lord Maior of London	444
Since the Order of the Knights of the Garter	291
Since the Inuention of Gunnes	255
Since the Art of Printing was inuented	175
Since King Henry the 8. conquered Bulloyne	90
Since the first vse of Coaches in England	80
Since the burning of Paules steeple	74
Since the Royall Exchange was built	70
Since the Earles rebellion in the North	66
Since the blasing Starre, and sharpe Winter	63
Since the Massacre in France	63
Since the whole Heauens seemed to burne with Fire	61
Since the former deepe Snow	56
Since the generall Earthquake	55
Since Tobacco was first vsed in England	50
Since the Campe at Tilbury in Essex	47
Since the greate Plague in London	32
Since the Gunpowder Treason	30
Since the great Frost	27
Since the death of Prince Henrie	23
Since the last deepe Snow	20
Since the last Blasing-starre	17
Since his Maiesties returne from Spaine	12
Since the fall at Blackfryers	12
Since his Maiesties proclaiming	10
Since Prince Charles was borne.	5

A briefe Declaration of the Disposition of the foure Quarters of this Yeare.

And first of Winter.

The Winter Quarter best doth prophenate
To all Degrees, and Sexes, their estate.

Sol in Capricorne, Aquarius, Pisces.

The Winter (the first Quarter Astronomicall) did begin the last yeare 1634. vpon Friday being the 12. of December; and it doth continue this yeare 1635 till Wednesday being the 11. of March, when the Sun maketh his entrance into the first degree of Capricorne, and lasteth while hee runneth his course through these three Hymall or Winterly Signes, Capricorne, Aquarius, and Pisces.

This Quarter, of its naturall qualitie is cold and moyst, (of contrary quality to the Summer) being of the Phlegmaticke Complexion, which humor doth most predominate in our bodies from three of the Clocke in the afternoone, till ix. of the clock at night. Now doe the Sea-tost Mariners endure many a storme on the raging Ocean; the Windes are strong and high, making the billowes of the Sea to fome and swell: The Floods are high, the Ayre is cold and piercing, the Dayes are short, the Nights long, and the strength and vigour of euery Creature decayeth. The poares of the Earth are now enclosed and shut vp by the extreame coldness of the Ayre: Fowles get them to the warmest Regions, Beasts seeke for a shelter, Serpents betake them to their dennes, and the Fishes get into the deepest of the waters for their warmth and comfort: For whatsoeuer the cheerefull Spring and comfortable Summer did produce and nourish, this Quarter doth destroy and vanish. The colder and drier the Winter is, it is the more wholesome for Man & Beast: yet too much cold killeth Plants

and Trees in a cold Climate: A moyst and warme Winter is an enemy to Nature, but a friend to Husbandry; and indifferent store of Snow doeth ranken the Earth, and preserueth Corne. Now for the preseruation of our healths, it is fit that wee should vse such Meates whose operation are of a hot and drie qualitie, expelling the cold & vnwholsome ayre with good Fires, warme Bathes, comfortable Drinkes, and strong Wines: Being carefull to keepe thy Head and Feet from cold and wet: But yet can the body digest more grosse and strong Meates then in Summer, by reason that the naturall heate is driuen (by the coldnesse of the ayre) into the inward parts of the body, to comfort the vitall Spirits, and to helpe digestion.

The ordinary Sicknesses of this Quarter, are these (or such like) as Rhewmes, Coughes, Poles, Palsies, Goutes, Sore Eyes, Cathars, Crampes, Tooth-ach, Sciaticaes, Fluxes, &c.

Of the Second part of the Yeare called the Spring.

The Spring compared is to Infancy,
To spring and grow in Vertue till we dye.

Sol in Aries, Taurus, Gemini.

The Spring (it being the most comfortable Quarter of all the yeare) begynneth at that time when the glorious and resplendant Sun entreth into the first degree of the first Equinoctiall Signe Aries, which is vpon Wednesday being the xi. of March, and continueth till Friday the xii. of June, in which space of time the Sun maketh his Vernall reuolution through these three Signes, Aries, Taurus, Gemini.

This Quarter of its proper nature is hot and moyst, participating of the Sanguine Complexion: which humour hath most predomination from nine a Clocke at night, till three of the Clocke in the morning. Now are the dayes and nights of an equall length, and the cheerefull Sunne seemes to smile vpon the face of the new recouered Earth, causing it to produce all kinde of varieties to our Senses. This of all the other Quarters of the yeare, is the most pleasant and wholesome

come, it being the moſt conuenient time to remoone Diſeaſes of a long continuance, and to preuent thoſe which are like to enſue. Now doe the Birds of the ayre couple and breed, Beaſts of the Earth increaſe, and the Fiſhes of the Waters doe multiply in abundance, forſaking the deepe to liue in more ſhallowe places: And now the Earth bringeth forth all ſorts of Flowers, Hearbes, Fruites and Plants, for the needfull vſe of Man and Beaſt. The Spring ouer-wet increaſeth Weedes, cauſing Fruits to be ſcarce and rotten. It is fitting (for the preſeruation of our healths) that we now vſe ſuch Meates as are of a colde and drie qualitie; and let your Drinkes be more coole & ſmall then in Winter: And it is now (if neede require) the beſt time to Purge, Bathe, Bleede, and Sweat.

The vſuall Infirmities of this Quarter, are Smal-pocks Meaſels, Scabbes, Puſhes in the face, Kings euill, Agues, Feauers, &c.

Of the third part of the Yeare, called Summer.

Like Man in his chiefe ſtate and luſty yeares,
The ripening Summer Quarter beſt appeares.

Sol in Cancer, Leo, Virgo.

THe Summer Quarter beginneth at that time when the ſcorching Sun entereth into the firſt degree of the Northerne Tropique Cancer, which is vpon Friday the xii. of June and doeth continue till Sunday the xiii. of September, in which ſpace of time he paſſeth through theſe three Solſticiall Signes, Cancer, Leo, Virgo.

The vſuall condition of this Quarter is to be hot and dry, participating of the Cholericke Complexion, which humour doeth chiefely gouerne from 3. of the Clock in the morning, till 9. before noone. Now is the Sunne at the higheſt, cauſing the dayes to be at the longeſt, and nights ſhorteſt. Heate is at the higheſt, floods at the loweſt, Seas moſt quiet, and the Winds moſt calme: And now is the fruitfull Earth cloathed in her richeſt embroydery, imparting of her ſtore to all ſenſible Crea-

tures for their vse and comfort: Flowers are in their beautie, and Fruit in their delicacie; and the painefull Bees gather their Honey for their future sustenance: Now naturall heate is dispersed abroad vnto the outward parts of the Body, & Man is not so hot within as in Winter, neither can hee digest such grosse and strong Meates, as then; yet the most small and coole Drinkes are most conuenient for our healths, and little store of Meates doth best suffice Nature, and those which bee boyled are most wholesome, and vse such things as are of a cold and moyst qualitie: An ouer-wett Summer rotteth Fruite, and destroyeth Come.

The Sicknesses and Diseases of this Quarter, are Feuers, Pestilence, Iaundies, Agues, paine in the Head and Belly, &c.

Of the fourth part of the Yeere, called Autumne or Harueſt.

As Autumne ſtealeſ the ſappe from Tree and Flower,
So Death comes creeping neerer euery houre.

Sol in Libra, Scorpio, Sagitarij.

HArbest or Autumne, (vsually called the Fall of the Leafe) doth begin when the Sunne entereth into the first degree of Libra, which is vpon Sunday the xiii. of September, where he maketh the second Equinoctiall, and continueth vntill Saturday being the xii. of December: in which time hee maketh his passage through these three Autumnall Signes, Libra, Scorpio, Sagitarij.

The vsuall qualitie of this Quarter is to bee cold and drie, taking the greatest part of the Melancholy Complexion, which Humor doth chiefely reigne from ix. of the Clocke in the Morning, till iv. in the afternoone. The daies are now againe equally ballanced with the nights; the Grasse is mowed, Corne reaped, Fruites gathered and the painefull Husband-man reapeth the profit of his forepassed labours: Now doth the Earth loose the beautie of her former gleye, Flowers fade, Leaues doe fall, Floods increase, and all Creatures loose their former strength & vigour, and the most part of sensible Creatures seeke

for

for shelter against the stormie ensuing Winter: Of all the other Quarters of the yeare this is the most unwholsome, breeding diseases of diuers kinds in our bodies; therefore beware of the morning and euening cold, & vse such things as are of a hot and moist quality: It is now a time (if need require) to Purge, Bath, and Bleed: Autumne being ouer wet putrifieth Grapes, making bad Wines, and scarcity of Fruit.

The diseases and sicknesses of this Quarter are many, as these or the like; the Stone, paine in the Backe and Kidnies. sore Eyes, Melancholy, Falling sickneſſe, Agues, Fluxes of Blood, Fistulaes, Crmods, Spleene, &c.

Of the meeting of the Planets with the Moone in each Moneth for this yeare, whereby you may learne to know them *and their motion from the fixed Starres:* Also the disposition of the weather for every Quarter of the Moone *for this Yeare,* 1635.

Ianuary.

The sixth day Saturne and Mercury are neere the Moone, but not to bee seene.

The tenth day Mars is neere the Moone, hardly seene.

The eleventh day Venus is neere the Moone.

The 21 day Iupiter is neere the Moone.

Last Quarter on Thursday the first day, 50. min. past vii. of the clocke at noone, Frost.

New Moone on Thursday the viii. day, 36 min. past ten of the clocke at night, high windes.

First Quarter on Thursday the xv. day, 33 min. past iii. of the clocke in the afternoone, Tempestious

Full Moone on Thursday the xxii. day, 18. min. past one of the clocke in the afternoone, Wet.

Last Quarter on Saturday the xxx. day 31. min. past viii. of the clocke in the morning, Snow or Sleete.

February.

The 2. day Saturne
The 5. day Mercuri
The 7. day Venus
The 8. day Mars
The 17. day Iupiter
} is neere the Moone.

New Moone on Saturday the vii. day, 5. min. past ix. of the clocke in the morning, windie.

First Quarter on Saturday the xiiii. day, 38. min. past one of the clocke in the morning, indifferent.

Full Moone (Eclipsed) on Saturday the xxi. day, 34. min. past ix. of the clocke at night, variable.

March.

The 2. day Saturne
The 6. day Venus
The 8 day Mercuri
The 9. day Mars
The 16. day Iupiter
The 29. day Saturne
} is neere the Moone.

Last Quarter on Sunday the first day, 14. min. past xii. of the clocke at night, high windes.

New Moone on Sunday the viii. day, 32. min. past vii. of the clocke at night, frost.

First Quarter on Sunday the xv. day, 17. min. past one of the clocke afternoone, great winds.

Full Moone on Monday the xxii. day, halfe an houre past vi. of the clocke afternoone, fayre.

Last Quarter on Tuesday the xxx. day 8 min. past xii. of the clocke at noone, seasonable.

Aprill.

The 3 day Venus
The 6. day Mars
The 7. day Mercuri
The 13. day Iupiter
The 26. day Saturne
} is neere the Moone.

New Moone on Tewsday the vii. day, 3. min. past iiii. of the clocke in the morning, faire.

First

First Quarter on Tewesday the xiiii. day, 8. min. past iii. of the clocke in the morning, wett.

Full Moone on Wednesday the xxii. day, 35. min. past vii. of the clocke in the morning, clowdy.

Last Quarter on Wednesday the xxix. day, 43. min. past v. of the clocke after noone, raine.

May.

The 2. day Venus
The 4. day Mercuri
The 5. day Mars
The 10. day Iupiter
The 23. day Saturne
} is neere the Moone.

New Moone on Wednesday the vi. day, 11. min. past xii. of the clocke at noone, faire.

First Quarter on Wednesday the xiii. day, 56. min. past vi. of the clocke in the euening, windy.

Full Moone on Thursday the xxi. day, 20 min. past ix. of the clocke at night, faire.

Last Quarter on Friday the xxix. day 53. min. past two of the clocke in the morning, wett.

Iune.

The 1. day Venus
The 3. day Mars and Mercuri
The 7. day Iupiter
The 19. day Saturne
The 30. day Venus
} is neere the Moone.

New Moone on Thursday the iiii. day, 51. min. past viii. of the clocke at night, ouercasts.

First Quarter on Friday the xii. day, 4. min. after xii. of the clocke at noone, faire.

Full Moone on Saturday the xx. day, 59. min. past viii. of the clocke in the morning, clowdy.

Last Quarter on Saturday the xxvii. day, 55. min. past vii. of the clocke in the morning, fayre.

Iulie.

The 2. day Mars
The 5. day Iupiter and Mercuri
The 16. day Saturne
The 30. day Venus
The 31. day Mars
} is neere the Moone.

New

New Moone on Saturday the iiii. day, 55. min. past vi. of the clocke in the morning, windy.

First Quarter on Sunday the xii. day, 36. min. past v. of the clocke in the morning, wett.

Full Moone on Sunday the xix. day, at vii. of the clocke in the evening, indifferent.

Last Quarter on Sunday the xxvi. day, 52. min. past xii. of the clocke at noone, fayre.

August.

The 2. day Iupiter
The 4. day Mercuri
The 12. day Saturne
The 28. day Mars
The 29 day Iupiter and Venus
The 30. day Mercuri
} is neere the Moone.

New Moone on Sunday the ii. day, 17. min past vii. of the clocke in the evening, fayre.

First Quarter on Monday the x. day, 24. min. past x. of the clocke at night, wett.

Full Moone (Eclipsed) on Tuesday the xviii. day, 6 min. past iiii. of the clocke in the morning, windy.

Last Quarter on Monday the xxiii. day, 18 min. past vii. of the clocke in the evening, wett.

September.

The 9. day Saturne
The 26. day Iupiter and Mars
The 29. day Venus
The 31. day Mercuri
} is neere the Moone.

New Moone on Tuesday the first day, 11. min. past x. of the clocke in the morning, cold raine.

First Quarter on Wednesday the ix. day, at ii. of the clock in the after noone, haile.

Full Moone on Wednesday the xvi. day, 55. min. past xii. of the clocke at noone, fayre.

Last Quarter on Wednesday the xxiii. day, 34. min. past iii. of the clocke in the morning, windie.

October

October.

The 6. day Saturne,
The 24. day Iupiter
The 25 day Mars
The 29 day Venus
The 31 day Mercuri
} is neere the Moone.

New Moone on Thursday the first day, 19 min. past iii. of the clocke in the morning, very cold.

First Quarter on Friday the ix. day, at iiii. of the clocke in the morning, wet.

Full Moone on Thursday the xv. day, 54. min. past ix. of the clocke at night, windy.

Last Quarter on Thursday the xxii. day, 41. min. past v. of the clocke in the euening, clowdy.

New Moone on Friday the xxx. day, 29. min. past ix. of the clocke at night, wet.

Nouember.

The 3. day Saturne
The 20. day Iupiter
The 22. day Mars
The 29. day Venus
The 30. day Mercuri
} is neere the Moone.

First Quarter on Saturday the vii. day, 16. min. past iiii. of the clocke in the euening, frost.

Full Moone on Saturday the xiiii. day, 49. min. past vii. of the clocke in the morning, fayre.

Last Quarter on Saturday the xxi. day, 7. min. past xi. of the clocke before noone, indifferent.

New Moone on Sunday the xxix. day, 36. min. past iii. of the clocke in the afternoone, wet.

December.

The 18. day Iupiter
The 21. day Mars
The 26. day Mercuri
The 28. day Saturne
The 29. day Venus
} is neere the Moone.

First Quarter on Monday the vii. day, 32. min. past ii. of the clocke in the morning, windy.

Full

Full Moone on Sunday the xiii. day, 17. min. past vii. of the clocke at night, frost.

Last Quarter on Monday the xx day, 36. min. past vii of the clocke in the morning, clowdy.

New Moone on Tewesday the xxix. day, 27. min. past viii. of the clocke in the morning, frost.

Of the seuerall Conquests of ENGLAND.

Of Ilands *England* was the greatest Ile,
by *Iulius Cæsar* first of Romans knowne;
By Frenchmen next it was possest a while,
by *Claudius Cæsar* they were overthrowne,
To whom, though they allegeance due did yeeld,
yet still their Lawes and Customes they retain'd,
Though they by Strangers then were foild in Field,
to beare a Strangers yoake yet they disdain'd.
Amongst all Nations *England* was the first,
that entertaind the Gospell of the Lord,
Till *Diocleſian* for blood did thirst,
on all that to this Doctrine did accord.
This land by *French-men* and by *Scots* oppress,
the *Saxons* ayded it, and it enioy'd,
Till *Danes* did vanquish them, and it possest,
who by the former People were destroy'd:
And ever since, the Noble *Normans* race
fiue hundred sixtie seven yeares here remain'd,
No Forreigne powers their Kingdome could deface,
such stout victorious Kings of them haue raign'd.
Heavens keepe our royall King, our Queene, and Prince,
Blesse Word and Sword our Foes for to convince.

Of two Eclipses of the Moone this yeere.

There will visibly appeare in our Horizon (if clowdes hinder not) two Eclipses of the Moone this yeare: The first will shew her greatest obscuritie to vs on Saturday the 21 of February about three quarters of an houre past eight of the clock in the euening. The second, vpon Tuesday being the 18. day of August, about halfe an houre past 4. a clock in the morning.

The

The beginning, continuance, and ending of the Kings raignes since the Conqueſt with the time how long it is since, to this Yeare, 1635.

Being fit for Scriveners, and ſuch as are imployed in Law-cauſes.

The Kings names	Began his reigne.	Reigned yeers.	mon.	daies	Since their Reignes.
Wil. Conq.	1066 Octob. 14	20	11	22	568 Octob. 14
Wil. Rufus	1087 Septem. 9	12	11	19	548 Septem. 9
Henry 1	1100 Auguſt. 1	35	4	14	534 Auguſt 1
Stephen	1135 Decem. 2	18	11	19	500 Decemb. 2
Henry 2	1154 Octo. 25	34	9	2	481 Octob. 25
Richard 1	1189 Iuly 6	9	9	22	446 Iuly 6
Iohn	1199 April. 6	17	7	0	436 April 6
Henry 3	1216 Octob. 19	56	1	0	419 Octob. 19
Edward 1	1272 Nouē. 16	34	8	9	365 Nouem. 16
Edward 2	1307 Iuly 7	19	7	6	327 Iuly 7
Edward 3	1326 Ianua. 25	50	5	7	309 Ianuary 25
Richard 2	1377 Iune 21	22	3	16	258 Iune 21
Henry 4	1399 Septe. 29	13	6	5	236 Septem. 29
Henry 5	1412 March 20	9	5	24	223 March 20
Henry 6	1422 Auguſt. 31	38	6	18	213 Auguſt 31
Edward 4	1460 March 4	12	1	8	175 March 4
Edward 5	1483 April 9	0	2	18	152 April 9
Richard 3	1483 Iune. 22	2	2	5	152 Iune 22
Henry 7	1485 Auguſt. 22	23	8	19	150 Auguſt 22
Henry 8	1509 April. 22	37	10	2	126 Aprill 22
Edward 6	1546 Ianua. 28	6	5	19	89 Ianuary 28
Mary	1553 Iuly 6	5	4	22	82 Iuly 6
Elizabeth.	1558 Nouē. 17	44	4	15	77 Nouem. 17
K. Iames.	1602 March. 24	22	0	3	33 March 24
K. Charles	1625 March. 27 after which writing 11. yeares.				

The explanation of the former Table.

NOte that euery King began his raigne, the same time that the next precedent King ended his.

If you desire to know how long it is since the beginning of the raigne of any King, looke how long it is since the ending of the precedent King, and there you shall finde your request.

As for example: If you would know when King Henry the 8 began his raigne, how long he raigned, and also how long it is since his raigne: find out first his name amongst the names of the Kings, and searching the row towards the right hand, you shall finde he began his raigne in the yeare 1509 the 22 of Aprill, and vnder the title of the time that he raigned, is 37 yeares, 10 months, and 2 days: And looking forward in the same rowe, where is 126 yeares Aprill 22 vnder the title of since their raigne, and so long it is since he dyed.

How to iudge what Weather will follow,

by the rising and setting of the Sunne.

THe Sunne rising bright and cleare, signifieth a pleasant day: If he rise fiery red, it promiseth raine: If in his rising hee bee thinly ouercast with a cloud, it betokeneth foule weather: If the Sun driue the clouds before him into the West, it signifieth faire weather: If at his rising there appeare a circle about him, & vanisheth away equally, it betokeneth fair weather. Also, if he setteth red, it signifieth faire weather: If at his setting he be of diuers colours, or clouds like water, it threatneth raine. If at the rising of the Sun, his beames seeme red, or long, or incompassed with red clouds, it signifieth great windes: If at his setting there appeare a thicke myst, or if it raineth in the euening, it threatneth very foule weather to follow. Also, if the Sunne beames be spotted either greene, pale, or blacke, gathered to a cloud, it signifieth raine. The Sun setting cleare without any cloud, signifieth a faire night to ensue. If the circle, or circles about the Sun be cleare, & of no continuance, looke for faire weather: If there be many circles, it signifieth windes: the redder they are, the more vehement winds. If the circles are heere and there broken, and are thicke and blacke, looke for cold wind or snow: Or, if he settle behinde a great black cloud, raine followeth.

How

How weather is foreknowne by the Moone.

IF the Moone in the third day of her change, or three daies before her full, or in the midst of the quarter, be found of pure light, nothing encompassing her, the ends direct vp, shee promiseth fayre weather: but bent to red colour prouoketh winds. The Moon pale, or somwhat blacke or thicke, threatneth raine. When the Moone is fiue dayes olde, marke the tips of her hornes, if they be blunt, it signifieth raine: if sharpe poynted and pricking vpwards, great winds. If in the fourth day after her change, she haue a red circle about her, it signifieth winds and raine.

Of the iudgement of the weather by the Starrs.

IF the Starres appeare of much light, and seeme to be of more bignesse & blazing then ordinary, it betokeneth great windes & moysture in that part where they seeme to: and in Winter, great frostes. When dimme Starres appeare with long fiery tayles, it threatneth winds, and great drought: the more in number, the greater will be the effect. Also, when Starres seeme to shoot or fall, it signifieth great winds in that place: If they seeme to shoot in diuers places, it signifieth diuers winds: If in all places, winds, thunder, lightning, and most tempestuous weather.

A short Instruction, and very necessarie to know *the times and seasons when to Sow, and replant* all maner of Seedes for the Garden.

SOw Cabbages in Febrvarie, March, or Aprill, in the Wane of the Moone: and replant them in the Decrease.

Sow Cabbage-Lettuse in Febrvarie, March, or July, in the old of the Moone.

Sow Onions & Leekes, in Febrvary or March, at the Wane of the Moone.

Sow Beetes in Febrvarie or March, at a full Moone.

Sow

Sow Colewoets white & greene, in the middle of August or September: Plant the young ones in October, and sett them againe in November.

Sow Parsneps in Februarie, Aprill, or June, in a fayre day.

Sow Radish in Februarie, Aprill, or June, in the increase of the Moone.

Sow Pumpions, Cowcumbers, Mellons, and Gourdes, in February, March, or June, in a hotte and fayre day.

Sow Spinage in Februarie or March, in the old of the Moone

Sow Parsely, Fennell, and Annis-seede, in February or March at the full of the Moone.

Sow white Cicory in February, March, July, or August, in a full Moone.

Sow Cardus-benedictus in February, March, or May, when the Moone is old.

Sow Basill in March, in an old Moone.

Sow Nurselaine in February, or March, in ỹ increase of ỹ moone.

Sow Margeram, Violets, Time, Flower-gentle, Rosemary, & Lauender, in February, March, or Aprill, at the increase of the Moone.

Sow Garden-cresses, and Rocket, in February, at the increase.

Sow Sauill in February or March, at a new Moone.

Sow Coriander, and Borage, in February or March, at the Moones increase.

Sowe Harts-horne, and Samphire, in February, March, or Aprill, at an old Moone.

Sow Gilliflowers, Hearts-ease, and Wall-flowers, in March or Aprill, in an old Moone.

Sow Cardus, and Artichokes, in March or Aprill, when the Moone is old.

Sow Chick-weed, in February or March, at the full of the Moone.

Sow Burnet in February or March, at an old Moone.

Sow Hisop and Sauery in March, when the Moone is old.

Sow double Marigolds in February or March, at the increase of the Moone.

Sow Lackes-foote, Sparges, and Sperage, in February, in an old Moone.

Sow

Sow white Poppy, and Palma Christi in February or March, at the increase of the Moone.

Sow all manner of Corne the Moone increasing, the being in Cancer, Libra, or Aquarius.

Set or sow all kind of Seeds the Moone in Aries, Taurus, Cancer, Virgo, Libra, Capricorne, Aquarius, or Pisces: but those Seedes whose Rootes are round, should be sowne three or fower dayes before, or after the full Moone.

Certaine and short Rules, for the comforting of the chiefe officiall Members of the Body of Man.

Things which are good to comfort the Head.

LIgnum-Aloes, Mariorum, Galingale, Muske, Rosemary, Roses, Cammomell, Rue, Frankincence, Nutmegs, Hysop, Balme, Mints, Spike, and Gladen.

Things good for the Eyes.

Fennell, Veruen, Cloues, Cold water, Celendine, Eybright, Roses, and Agrimony.

Things good for the Stomacke.

Nutmegs, Cloues, Origanum, Corrall, Saffron, Quinces, Mosmewood, Olibanum, Agrimony, Fumetory, Mastick, Lignum-Aloes, Spodium, and Coriander prepared.

Thinges good for the Heart.

Safron, Cloues, Cinamon, Mace, Nutmegs, Mariorum, Burrage, Buglosse, Rosemary, Mirabolanes, Pearles, Lignum-Aloes, Corall, Muske, and Setwell.

Things good for the Liuer.

Liuerwort, great Raysons, Mosmewood, Agrimony, Saffron, Cloues, Endiue, Violets, Fennell, Plantine, Dragons, Rosewater, Lettuce, Violets, Sanders.

Things good for the Lungs.

Licoris, Raisons, Almonds, Dates, Lungwort, Maydenhaire, Elicampane, Pistaces, and Penedes.

Things hurtfull for the Body.

Meates hurtfull to the Teeth.

Nuttes, Meates very hot, Warme drinke, Sweete meates and drinkes, Rauish rootes, Hard meates, Bitter meates, Milke, much Vomiting, Leekes, Fatte of Fish, Colworts, & Limmons.

Things hurtfull to the Eyes.

Garlicke, Onions, Radish, Drunkennesse, Letcherie, Sweete and thicke Wines, Salt meates, Colewoorts, all Pulse, Must, Wine, Dust, Smoake, Fire, and reading presently after supper.

Rules of Mensuration.

A Fingers breath is foure Barly cornes in thicknes; and an Inch three Barly cornes in length: 4 hands breath foure fingers: A span is three hands breath: A foot is foure hands breath: A Geometriall Pase is fiue foot: an English Pearch is rvi foot $\frac{1}{2}$. A Furlong is a hundred & twenty fiue pases, or six hundred twenty and fiue foot: An English Furlong is fiue hundred and threescore foot, or a hundred thirtie two paces: A League is a thousand and fiue hundred pases: An Italian Mile is a thousand pases, or eight Furlongs: A common German Mile is thirty two Furlongs. An English Mile is eight Furlongs: An Acre is foutie Pearches in length, and foure in breath.

A short Instruction for the Table following.

NOte that the first Columne or Row, conteineth the Names & number of Shires, the second of Cities, the third of Bishoprickes, the fourth of Castles, &c. Now goe straight in a line, and you shall easily finde the number Alphabetically, aswell for the English as for the Welsh shires: As for example, Buckinghamshire hath no Citie, no Bishopricke, 11. Market Townes, no Castles, 85. Parishes, &c.

A Catalogue of all the Shires, Cities, Bishoprickes, Market-Townes, Castles, Parishes, Riuers, Bridges, Chases, Forrests, and Parkes, conteyned in euery particular Shire in the Kingdome of England.

Shires.	Cities.	Bishoprickes.	Townes.	Market.	Castles.	Parishes.	Riuers.	Bridges.	Chases.	Forests.	Parkes.
Barke shire.	0	0	11	2	140	3	7	0	0	1	13
Bedford shire.	0	0	10	0	116	1	6	0	0	0	12
Buckinghamshir.	0	0	11	0	185	2	14	0	0	0	15
Cambridge shire.	0	1	6	0	163	1	7	0	0	0	5
Cheshire.	1	1	9	3	68	9	19	0	0	2	18
Cornwall.	1	0	23	6	161	7	31	0	0	0	9
Cumberland.	0	1	8	15	58	20	33	0	3	0	84
Darby shire.	0	0	8	4	106	13	21	0	1	0	33
Deuon shire.	1	1	40	3	394	23	106	0	0	0	22
Dorcet shire.	0	0	18	6	248	4	29	1	2	0	11
Durham.	0	1	5	4	62	11	20	0	0	0	26
Essex.	1	0	21	1	415	7	28	0	1	0	19
Gloceſter shire.	1	1	20	1	180	12	22	1	2	0	2
Hamp shire.	1	1	18	5	248	4	31	0	4	0	23
Hartford shire.	0	0	18	0	120	1	24	0	0	0	21
Hereford shire.	0	1	8	7	176	13	11	1	2	0	8
Huntington shir.	0	0	5	1	78	1	5	1	1	0	73
Kent.	2	2	17	8	398	6	14	0	0	0	20
Lancashire	1	0	8	6	36	33	24	0	1	0	33
Leceſter shire	1	0	11	2	200	1	10	0	2	0	13
Lincolne shire	1	1	26	2	630	9	15	0	0	0	12
Midleſex	2	1	3	0	73	1	3	1	0	0	4
Northamtonshi.	1	1	11	2	326	5	24	0	3	0	4
Nottingham shi.	1	0	11	0	168	5	17	0	1	0	8
Northumberland	0	0	11	12	40	21	28	0	1	0	8
Norfolke	1	1	26	0	625	3	15	0	0	0	0

Shires.	C.	Bysh.	M.T.	C.	Parri.	R.	Br.	Ch	For.	Park.
Oxford shire	1	1	10	0	208	3	26	0	4	9
Rutland	0	0	2	0	47	0	1	0	0	4
Shrop shire	1	0	13	13	170	18	13	0	7	27
Somerset shire	3	2	29	1	385	9	45	0	2	18
Stafford shire	1	1	12	5	130	13	19	1	1	38
Suffolke	0	0	28	1	464	2	32	0	0	27
Sussex	1	1	18	1	312	2	10	0	4	33
Surrie	0	0	7	0	140	1	7	0	1/2	17
Warwicke shire	1	1	12	1	158	7	21	1	1/2 0	16
Westmoreland	1	0	4	6	26	8	15	0	2	19
Wilt shire	1	1	21	1	304	5	31	1	9	19
Worcester shire	1	1	7	3	152	5	13	1	2	16
Yorke shire	1	1	46	14	563	36	62	4	8	72
Anglesey.	0	0	3	0	83	8	2	0	0	0
Brecknocshire.	0	0	3	4	70	27	13	0	0	2
Cardigan shire.	0	0	4	0	77	26	9	0	1/4	0
Carmarthin shire	0	0	6	4	81	20	16	0	1/4	2
Carnarvan.	0	1	5	3	73	17	6	0	1/2	0
Denbigh shire.	0	0	3	3	53	24	6	0	0	0
Flint shire.	0	1	3	4	24	4	2	0	0	2
Glamorgan shire	0	1	7	12	151	16	6	0	0	5
Montgomery shi	0	0	5	3	42	28	6	0	0	1
Monmouth shire	0	0	6	7	142	15	14	1	0	8
Merionidth shire	0	0	3	2	34	26	7	0	0	0
Penbroke shire	0	1	6	5	142	6	7	0	2	3
Radnor shire	0	0	4	5	43	13	5	0	0	0

The Contents, Compas, Length, and *Breadth of* ENGLAND.

Thus much in Miles whole *England* it containes ;-34866
Thus much in Miles will reach about it round : —1890
Her length from *Lyzard-point* to *Barwick-straits*—334
Twixt *Dover*, & *Holy-head* the breadth is found.——250

A Table to know how many Howers and Minutes the Moone ſhineth euery Night in the Yeare.

The age of the Moone encreaſing.	The Houres and Minutes that ſhe ſhineth.		The age of the Moone decreaſing.
☽	*Houres.*	*Minutes.*	☾
1	0	48	29
2	1	36	28
3	2	24	27
4	3	12	26
5	4	0	25
6	4	48	24
7	5	36	23
8	6	24	22
9	7	12	21
10	8	0	20
11	8	48	19
12	9	36	18
13	10	24	17
14	11	12	16
15	12	0	15

The vſe of this Table.

SEeke the age of the Moone in the Almanack, then looke the ſame in this Table, which you ſhall find either in the increaſing or decreaſing, and then in the middle Columne you ſhall without further labour find the time of her ſhining.

As for Example: Upon the 16 day of January, I would know how many Howers and Minutes the Moone ſhineth: I find in the Almanack it is New Moon the 8 day, then reckoning from the 8 day to the 16 day, I find ſhe is 8 daies old: Then entring this Table, it ſheweth, ſhee ſhineth 6 howers and 24 minutes: So doth ſhe likewiſe when ſhe is 22 daies old, &c.

Times of Mariage prohibited by our Church.

FRom Advent Sunday (the last of November 1635) till 8 dayes after Twelfe day, being the 13. of January.

From after Septuagesima Sunday (being the 25. of January) till the 6. day of April.

From Monday before Ascension day (being the 4 of May) till Trinitie Sunday being the 24 of May.

The explanation of a new and easie Kalender here following, for this present Yeare, 1635.

NOte that every Moneth conteyneth three rowes or Columnes, (the Figures for the number of Dayes excepted) the first Columne towards the left hand conteineth the Weeke Dates and Sunday Letter. The second, the Signe wherin the Moone is every day. And the third, the Changes and Quarters of the Moone. Note that the being thus ○ figured doth signifie the new Moone: and placed this) way is the first Quarter: This ● the Full Moone; And againe this (the last Quarter. Note also, that the Figures over the head of the Moones, doe signifie the houre of her Changes; and the Letters underneath, the time after noone, or after midnight, N. standing for after noone till Midnight, and M. for after Midnight till Noone.

As for example, Against the 8. day of January, being Thursday, I do find the Moone in ♒ Capricone, and is thus ○ charactred, which is the new Moone, at ten of the clocke at night.

Againe, on the 15. of March, being Sunday, I doe finde the Moone in ♋ Cancer, and is thus) charactred, which is the first Quarter at 1 of the clocke in the afternoone, &c.

Note also, that at the head of every Moneth is placed the rising and setting of the Sunne for the middle of every Moneth: As for example, for the midst of January the ☉ Sun riseth at 7 of the clocke, and 43 minutes; and setteth at 4 of the clocke and 17 minutes.

It also conteyneth (on the back side of the leafe) for every Moneth, the Holy-dayes, and Feasts, both Moueable and Immoueable; with the beginning and ending of every Terme: As, Twelfe day is on the 6 of January, Easter day on the 29 of March, Whitsunday is on the 17 of May. Terme begins on the 23. of January, and endeth on the 12 of February, &c.

A briefe and easie Kalender for this Yeere 1635. which being cut out, is fit to be placed *into any Booke of Accompts, Table-booke, or* other, conteyning the whole Almanacke, in a short method; By *Iohn White.*

Dayes.	Ianuary.	Februa.	March.	Aprill.	May.	Iune.	Iuly.	August.
	☉7.43 4.17.	☉6.46 5.14.	☉5.50 6.10	☉4.51 7.9.	☉4.4. 8.56.	☉3.47 8.13.	☉4.12 7.48.	☉5.4. 6.56.
1	a ♎ ☾	D ♐	D ♐ ☾	g ♒	b ♓	e ♉	g ♊	c ♌ 7
2	b ♏ 1	e ♐	e ♐ at	a ♒	c ♓	f ♉	a ♊	D ♈ ○
3	c ♏ n	f ♑	f ♑ m	b ♓	D ♈ 4	g ♊ 9	b ♋ 7	e ♌ n
4	D ♏	g ♑	g ♑	c ♓	e ♈ at	a ♊ ○	c ♋ ○	f ♍
5	e ♐	a ♒	a ♒	D ♈ 4	f ♉ 12	b ♋ n	D ♌ m	g ♍
6	f ♐	b ♒ 9	b ♒	e ♈ ☉	g ♉ ○	c ♋	e ♌	a ♎
7	g ♑ 10	c ♓ ○	c ♓ 7	f ♉ m	a ♊ n	D ♋	f ♍	b ♎
8	a ♑ ○	D ♓ m	D ♓ ○	g ♉	b ♊	e ♌	g ♍	c ♎
9	b ♒ n	e ♈	e ♈ n	a ♊	c ♋	f ♌	a ♍	D ♏ 10
10	c ♒	f ♈	f ♈	b ♊	D ♋	g ♍ at	b ♎	e ♏ ☽
11	D ♓	g ♈	g ♉	c ♊	e ♌	a ♍ 12	c ♎ 5	f ♐ n
12	e ♓	a ♉	a ♉	D ♋	f ♌ 7	b ♎ ☽	D ♏ ☽	g ♐
13	f ♈	b ♉ 2	b ♊	e ♋ 3	g ♌ ☽	c ♎ n	e ♏ m	a ♐
14	g ♈ 3	c ♊ ☽	c ♊ 1	f ♌ ☽	a ♍ n	D ♎	f ♏	b ♑
15	a ♉ ☽	D ♊ m	D ♋ ☽	g ♌ m	b ♍	e ♏	g ♐	c ♑
16	b ♉ n	e ♋	e ♋ n	a ♍	c ♎	f ♏	a ♐	D ♒
17	c ♊	f ♋	f ♋	b ♍	D ♎	g ♐	b ♑	e ♒ 4
18	D ♊	g ♌	g ♌ 2	c ♍	e ♎	a ♐	c ♑ 7	f ♓ ●
19	e ♊	a ♌	a ♌	D ♎	f ♏	b ♐ 9	D ♒ ●	g ♓ m
20	f ♋	b ♌ 9	b ♍	e ♎	g ♏ 9	c ♑ ●	e ♒ n	a ♈
21	g 69 1	c ♍ ●	c ♍	f ♏ 7	a ♐ ●	D ♑ m	f ♓	b ♈
22	a ♌ ●	D ♍ n	D ♍ 3	g ♏ ●	b ♐ n	e ♒	g ♓	c ♉
23	b ♌ n	e ♎	e ♎ ●	a ♏ m	c ♑	f ♒	a ♓	D ♉ 7
24	c ♌	f ♎	f ♎ n	b ♐	D ♑	g ♓	b ♈	e ♊ ☾
25	D ♍	g ♎	g ♏	c ♐	e ♑	a ♓	c ♈ 1	f ♊ n
26	e ♍	a ♏	a ♏	D ♑	f ♒	b ♈ 8	D ♉ ☾	g ♋
27	f ♎	b ♏	b ♏	e ♑	g ♒	c ♈ ☾	e ♉ n	a ♋
28	g ♎	c ♐	c ♐	f ♒ 6	a ♓ 3	D ♉ m	f ♊	b ♋
29	a ♎ 8		D ♐ 12	g ♒ ☾	b ♓ ☾	e ♉	g ♊	c ♌
30	b ♏ m		e ♑ n	a ♒ n	c n	f ♉	a 69	D ♌
31	c ♏ ☾		f ♑ ☾		D ♈		b ♋	e ♍

♈. Aries, ♉. Taurus, ♊. Gemini, ♋. Cancer, ♌. Leo, ♍. Virgo,
♎. Libra, ♏. Scorpio, ♐. Sagittarii, ♑. Capricorne, ♒. Aquarius,
♓. Pisces. The ○ New Moone. The ☽ first Quarter.
The ● Full Moone. The ☾ last Quarter.
And D the Sunday Letter.

Day. M.	Septem.	Octob.	Noue.	Decem.
	☉ 6. 4	☉ 7. 3	☉ 7. 55	☉ 8. 13
	☽ 5. 56	☽ 5. 57	☽ 4. 5.	☽ 3. 47
1	f ♍ ○	a ♎ ○	D ♐	f ♑
2	g ♎ 10	b ♏ 3	e ♐	g ♑
3	a ♎ m	c ♏ m	f ♑	a ♒
4	b ♎	D ♏	g ♑	b ♒
5	c ♏	e ♐	a ♑	c ♓
6	D ♏	f ♐	b ♒ 4	D ♓ 2
7	e ♐	g ♑	c ♒ ☽	e ♈ ☽
8	f ♐ 2	a ♑ 4	D ♓ n	f ♈ m
9	g ♐ ☽	b ♑ ☽	e ♓	g ♈
10	a ♑ n	c ♒ m	f ♈	a ♉
11	b ♑	D ♒	g ♈	b ♉
12	c ♒	e ♓	a ♉	c ♊ 7
13	D ♒	f ♓	b ♉ 7	D ♊ ●
14	e ♓	g ♈ 10	c ♊ ●	e ♋ n
15	f ♓ 1	a ♈ ●	D ♊ m	f ♌
16	g ♈ ●	b ♉ n	e ♋	g ♍
17	a ♈ n	c ♉	f ♌	a ♎
18	b ♉	D ♊	g ♍	b ♏
19	c ♉	e ♊	a ♎	c ♐
20	D ♊	f ♌	b ♍ 11	D ♐ 7
21	e ♊	g ♋ 5	c ♏	e ♑ ☾
22	f ♋ 4	a ♌ ☾	D ♐ m	f ♒ m
23	g ♋ ☾	b ♍ n	e ♑	g ♓
24	a ♋ m	c ♎	f ♒	a ♈
25	b ♍	D ♎	g ♓	b ♉
26	c ♍	e ♏	a ♈	c ♊
27	D ♏	f ♎	b ♉	D ♊
28	e ♏	g ♎	c ♊ 3	e ♋ 8
29	f ♏	a ♏ 9	D ♊ ○	f ♌ ○
30	g ♎	b ♐ ○	e ♊ n	g ♍ n
31		c ♐ n		a ♎

The Feasts Mooueable and Immooueable: With the Termes, &c.

January.
New yeers day 1.
Twelfe day 6.
Terme begin. 23.

Febr uary.
Purif. of Mary, 2.
Shroue sund. 8
Terme ends, 12.
S. Mathias, 24

March.
Anun. of Mary, 25
Init. Reg. Car. 27
Easter day, 29.

Aprill.
Terme begin. 15.
S. George. 23.
Mark Euan. 25.

May.
Phil. & Iacob, 1.
Ascension day. 7
Terme ends, 11.
Whitsunday. 17
Terme begin, 29

June.
Terme ends, 17.
Iohn Baptist, 24.
Peter Apost. 29.

Iuly.
Dog dai. begi. 19
S. Iames Apo. 25

August.
Barthol. Ap. 24.
Dog da. end, 29.

September.
Mathew Apo. 21.
Michael Arch. 29.

October.
Terme begin, 9
Luke Euang. 18.
Simon & Iude, 28.

Nouember.
All Saints, 1.
Powder treas. 5.
Terme ends, 28.
Aduent sund. 29.
S. Andrew Ap. 30.

December.
S. Tho. Ap. 21.
Christmas da. 25
S. Stephen, 26.
S. Iohn, 27.
Innocents da. 28.

FINIS.